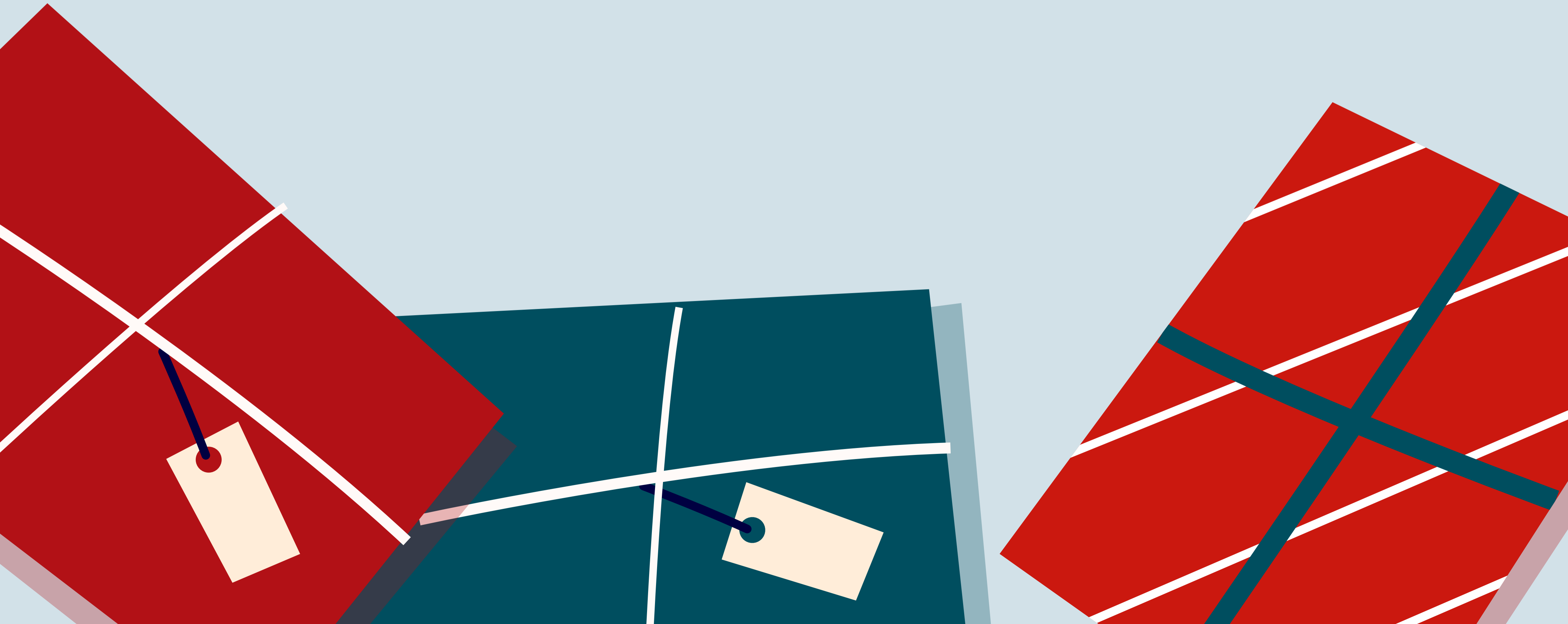




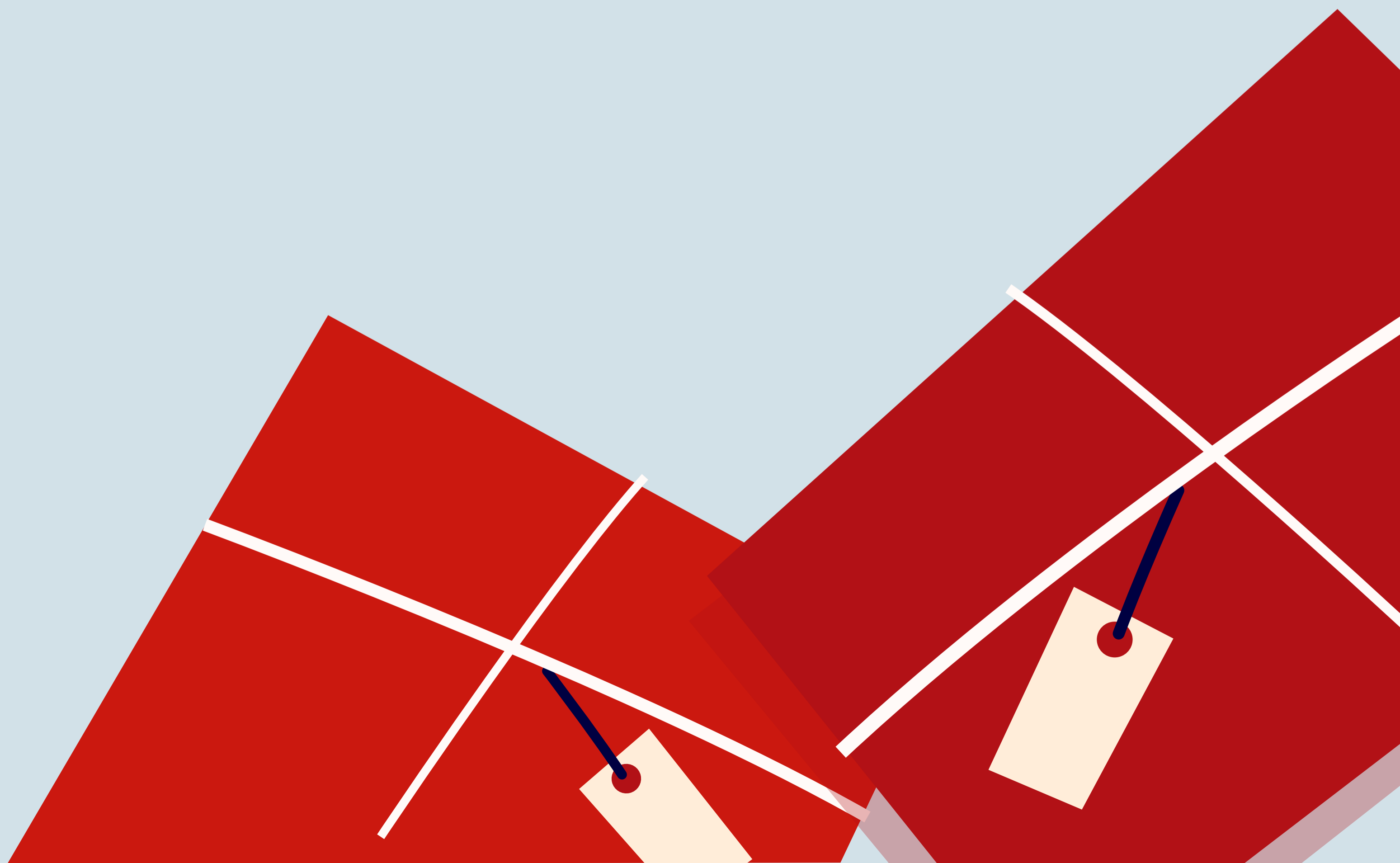
**IDEAS FOR GIFTS  
THIS HOLIDAYS SEASON**





**The holiday season is a great time to spend time as a family, celebrate the year and treat each other with some special gifts.**

**We have put together some ideas for your family to help with some great gift ideas and activities that are fun but also help build some skills along the way.**



# GIFT IDEAS

## FOR CHILDREN AND YOUNG PEOPLE

1

### BIG CHALK BUCKET

Purpose: increasing writing endurance, pencil grasp, motor planning, learning hopping and jumping.

#### Therapist's Creative Ideas:

- Drawing free style.
- Hop scotch.
- Make a movement course – write jump, twirl, run, walk and follow the curvy line.
- Writing kind words to bring happiness and a smile to your family or your community.
- Use it as a back ground to take photos and make it something to share with siblings, friends or other family members.
- Break chalk into dust and add water. Use it to paint letters, shapes, and forms.
- Crush chalk into dust. Sprinkle it onto paper. Use a spray bottle to spray water onto the dust.
- Writing letter to Santa.



Buy online  
or Instore at:  
Kmart for \$3.

2

### UNO CARD

Purpose: turn taking, following instructions, number and colour recognition

#### Therapist's Creative Ideas:

- Each card you put down you can name a fruit or vegetable of the same colour.
- Play the game whilst lying on your tummy to work on developing your core strength. Encourage your child to prop themselves up on their forearm and keep their head and chest lifted off the floor.



Buy online  
or Instore at:  
Kmart. Big w or  
Target sell Uno  
for \$7.

# 3

## SPOT IT GAME

Purpose: Recognising similarities and differences, turn taking, colour matching, winning and losing, building vocabulary

### Therapist's Creative Ideas:

- Two-person snap: each player to try to find the similarity of their card in their pile and the one in the middle. Any two cards have exactly one symbol in common.
- Lay out 5-10 cards and say find something that is "round". Child to look through the cards and when they find something, they can yell "spot it" or slap with their hand. They can keep the card that they find!
- Play the game whilst lying on your tummy to work on developing your core strength. Encourage your child to prop themselves up on their forearm and keep their head and chest lifted off the floor.



Buy online or Instore at: Kmart. Big w or Target also sell this game for \$17.

# 4

## JUNIOR ACTION DICE

Purpose: Motor planning, balance, listening and following instructions, endurance

### Therapist's Creative Ideas:

- Combine with number dice and ask your child to complete action for that length of time.
- Play Simon Says using the action dice.



Buy online or Instore at: Kmart. Big w or Target sell Uno for \$7.

# 5

## MONKEY FLIP TOY

Purpose: Turn taking, impulse control, winning and losing

### Therapist's Creative Ideas:

- Play the game whilst lying on your tummy to work on developing your core strength. Encourage your child to prop themselves up on their forearm and keep their head and chest lifted off the floor.



Buy online or Instore at: Kmart for \$9.

6

## JENGA

**Purpose:** Improving hand stability, turn taking, planning movements, winning and losing

### Therapist's Creative Ideas:

- Make an animal noise each time you pull a brick out.
- Stack the Jenga tower up and remove a block each time it's your turn until it falls down.
- Add a dice into the game. Roll the dice and remove that many Jenga blocks on your turn.
- Build your own tower with the Jenga blocks. Don't stack them in the traditional 3 x 3 pattern. Build however you want.
- Building towers with the jenga blocks
- Create a bowling game by using a ball to knock down the tower



Buy online  
or Instore at:  
Target for \$25.

7

## POP UP PIRATE

**Purpose:** targeted movements, learning about colours, winning and losing, impulse control, encouraging bilateral hand use (helper hand holding the barrel, other hand placing swords)

### Therapist's Creative Ideas:

- Hide all the swords around the room then each player has to animal walk (crab, bear, frog) to try and find the most swords then once all the swords are found take in turns putting a sword in the barrel.



Buy online  
or Instore at:  
Target for \$15.

8

## PRESSMAN TOYS LET'S GO FISHIN'

**Purpose:** Improving hand eye coordination, turn taking, winning and losing, learning colours, counting 1-20.

### Therapist's Creative Ideas:

- Play the game while lying on a yoga ball.
- Try to get a sequence of colours such as blue, yellow, green, blue, yellow, green.
- Use a dice, roll the dice for how many fish you can try to catch in your turn.



Buy online  
or Instore at:  
Big W for \$8.

9

## POP THE PIG

**Purpose:** Recognising numbers, recognising full and empty tummy, learning colours, turn taking, winning and losing.

### Therapist's Creative Ideas:

- Call out the number of fish each person caught.
- Attach points to fish of different colours. Then add up your points.  
You can work on math by attaching a point system for each specific colour. Like 5 points for blue and 2 points for orange.
- Talk about colours – Which colour fish did you catch?
- Work on vocabulary words: More than and less than. How many more did you catch? Ask them to figure out who had more fish and how many more or less did each person have.



Buy online  
or Instore at:  
Target for \$25.

10

## WEDGITS: Starter Building Blocks Starter 15 Piece Set

**Purpose:** learning shapes & angles, colour matching



Buy online at:  
Amazon for  
\$33.95.

11

## THINKFUN RUSH HOUR JR. GAME

**Purpose:** Problem solving, learning colours, attention span, promote asking for help



Buy online  
or Instore at:  
Kidstuff for  
\$35.99.

# 12

## MR POTATO HEAD

**Purpose:** Learning body parts and clothing, problem solving

### Therapist's Creative Ideas:

- Ask child to complete 2 & 3 step instructions such as (get a nose then ears then eyes).
- Create a wheel with eyes, nose, hand, mouth, ears pictures or words, each person snip the wheel to try to complete their Mr Potato Head.



Buy online  
or Instore at:  
Big W for \$20.

# 13

## PENSILLY BOARD GAME

**Purpose:** Hand control, targets pincer grasp, hand eye coordination, sensory, winning and losing

### Therapist's Creative Ideas:

- Start with a subject or topic your child knows well then move up to using the game cards.



Buy online  
or Instore at:  
Big W for \$29.

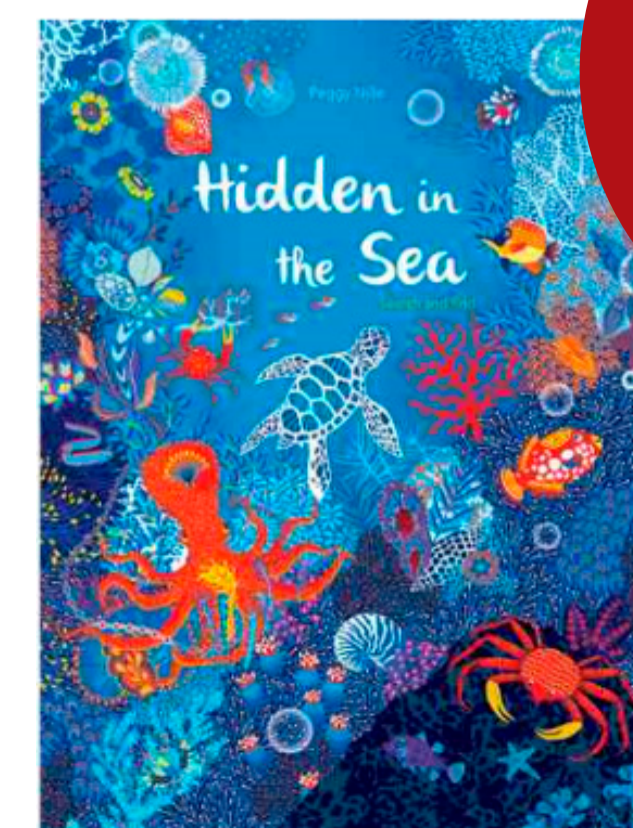
# 14

## HIDDEN IN THE SEA: SEARCH AND FIND BY PEGGY NILLE - BOOK

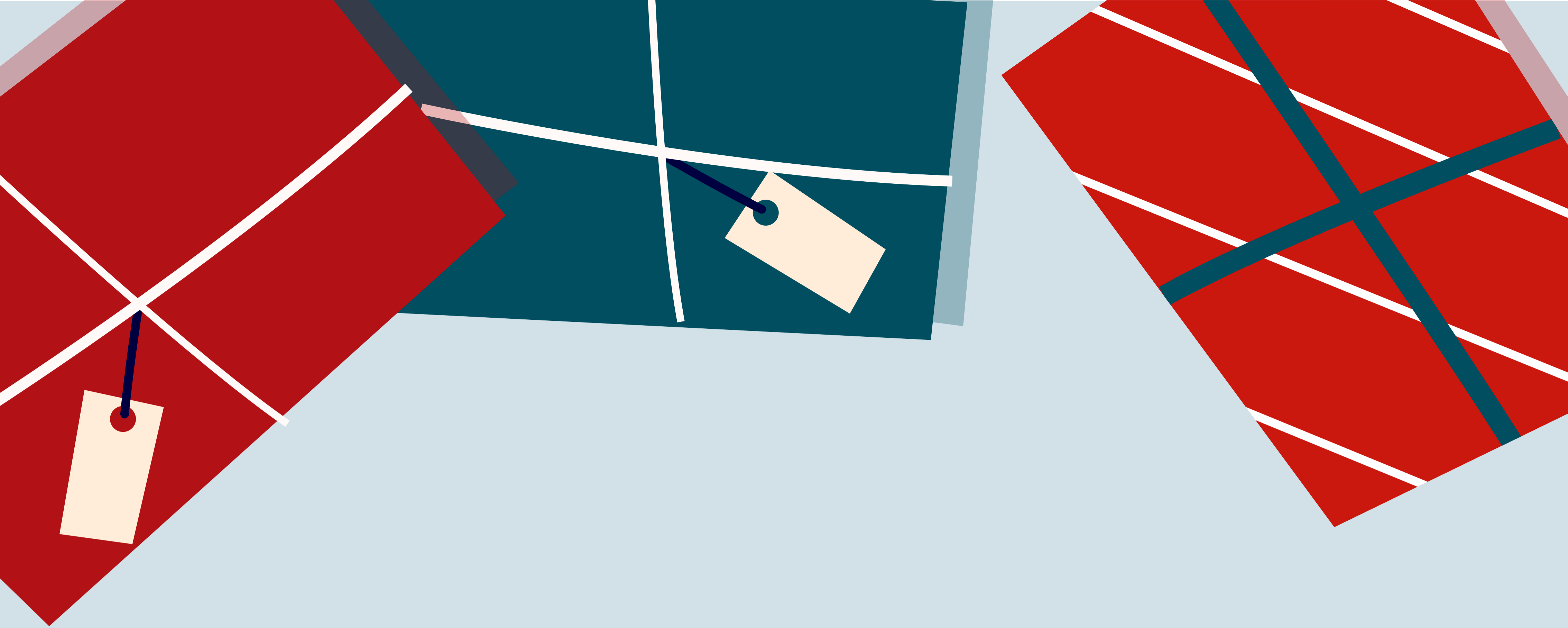
**Purpose:** increasing vocabulary and articulation, visual scanning, memory, learning colours

### Therapist's Creative Ideas:

- Count all the sea creatures you find in the book.
- Pick your favourite creature and talk about what they look like, body parts, interesting facts.
- Pick 5 creatures and act them out.



Buy online  
or Instore at:  
Kmart for \$9.



**Thank you to Kudos Allied Health Assistant  
Kate Harris for putting these ideas together.**



**KUDOS**  
**SERVICES**