



Are you concerned about your child's development, or are you raising a child with a disability?

In the **ENVISAGE Families Program** you will connect you with other caregivers where you can **share** your experiences, **learn effective strategies** and access **practical tools** for supporting your child and family. Each program is facilitated by a trained health professional and **parent peer with lived experience**. Each workshop covers:

**Workshop 1** Health and wellbeing in early child and family Development

**Workshop 2** Child and Family development

**Workshop 3** Parenting is a 'dance' led by the children

**Workshop 4** Looking after myself

**Workshop 5** Communication, Collaborating, Connecting

**NEW**

5 x Online Weekly Sessions (90mins)

**15 Oct to 12 Nov**

**17 Oct to 14 Nov**

**11 Nov to 9 Dec**

**13 Nov to 11 Dec**



**Register online  
or call us**

Envisage is a **fully funded program** for parents and caregivers raising children aged 0-8 years with developmental concerns or disability. Your child does not need a diagnosis or NDIS plan.

**Enrol today using the QR code or visit our website to find a program at a time that suits you.**





Enabling Visions and Growing Expectations

EVIDENCE BASED

# Free Parent Program

Co-Developed with Families for Families

ENVISAGE is a peer program to **empower you and your family to feel confident and supported** in raising children who have a developmental concern, disability or who are neurodiverse.

Your child does **not** need a diagnosis or NDIS plan for you to participate. It is fully funded therefore **no cost you.**

The interactive workshops are facilitated by a trained health professional together with a parent with **lived experience.** The program is an opportunity to:

CONNECT & SHARE EXPERIENCES

LEARN EFFECTIVE STRATEGIES

ACCESS PRACTICAL SUPPORT TOOLS

*“ENVISAGE will show you that the best guidebook often lives within yourself, and sometimes, all we need is a trusted framework to light the way”*

- Bree, Parent NSW



## How It's Delivered



90 mins per week



5 Weeks



Online & In-Person options available

## Register Online

Scan the QR Code or contact our team to register / find out more:



(07) 3861 6079



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ENVISAGE Families Australia is funded by the Australian Government Department of Social Services. Go to [dss.gov.au](http://dss.gov.au) for more information.



Envisage Australia



@envisage.community



<http://envisage.community>