



Are you concerned about your child's development, or are you raising a child with a disability?

In the **ENVISAGE Families Program** you will connect you with other caregivers where you can **share** your experiences, **learn effective strategies** and access **practical tools** for supporting your child and family. Each program is facilitated by a trained health professional and **parent peer with lived experience**. Each workshop covers:

Workshop 1 Health and wellbeing in early child and family Development

Workshop 2 Child and Family development

Workshop 3 Parenting is a 'dance' led by the children

Workshop 4 Looking after myself

Workshop 5 Communication, Collaborating, Connecting

NEW

5 x Online Weekly Sessions (90mins)

18 Feb to 18 Mar | 10am - 11:30am (ACDT)

19 Feb to 19 Mar | 7pm - 8.30pm (ACDT)



Register online
or call us

Envisage is a **fully funded program** for parents and caregivers raising children aged 0-8 years with developmental concerns or disability. Your child does not need a diagnosis or NDIS plan.

Enrol today using the QR code or visit our website to find a program at a time that suits you.





Enabling Visions and Growing Expectations

EVIDENCE BASED

Free Parent Program

Co-Developed with Families
for Families

ENVISAGE is a peer program to **empower you and your family to feel confident and supported** in raising children who have a developmental concern, disability or who are neurodiverse.

Your child does **not** need a diagnosis or NDIS plan for you to participate. It is fully funded therefore **no cost you.**

The interactive workshops are facilitated by a trained health professional together with a parent with **lived experience.** The program is an opportunity to:

CONNECT & SHARE EXPERIENCES

LEARN EFFECTIVE STRATEGIES

ACCESS PRACTICAL SUPPORT TOOLS

“ENVISAGE will show you that the best guidebook often lives within yourself, and sometimes, all we need is a trusted framework to light the way”

- Bree, Parent NSW



How It's Delivered



90 mins per week



5 Weeks



Online & In-Person options available

Register Online

Scan the QR Code or contact our team to register / find out more:



(07) 3861 6079



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ENVISAGE Families Australia is funded by the Australian Government Department of Social Services. Go to dss.gov.au for more information.



Envisage Australia



@envisage.community



<http://envisage.community>