

Are you concerned about your child's development, or are you raising a child with a disability?

In the ENVISAGE Families Program you will connect you with other caregivers where you can **share** your experiences, learn effective strategies and access practical tools for supporting your child and family. Each program is facilitated by a trained health professional and parent peer with lived experience. Each workshop covers:

Workshop 1 Health and wellbeing in early child and family Development

Workshop 2 Child and Family development

Workshop 3 Parenting is a 'dance' led by the children

Workshop 4 Looking after myself

Workshop 5 Communication, Collaborating, Connecting



5 x Online Weekly Sessions (90mins)

18 Feb to 18 Mar | 10am - 11:30am (ACDT)



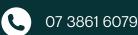
19 Feb to 19 Mar | 7pm - 8.30pm (ACDT)

Register online or call us

Envisage is a **fully funded program** for parents and caregivers raising children aged 0-8 years with developmental concerns or disability. Your child does not need a diagnosis or NDIS plan. Enrol today using the QR code or visit our website to find a program at a time that suits you.



envisage.community





envisage@acu.edu.au

ENVISAGE Families Australia is funded by the Australian Government Department of Social Services. Go to dss.gov.au for more information.Envisage has been developed by Australian Catholic University, McMasters University, Murdoch Children's Research Institute and University of Melbourne.



EVIDENCE BASED

Free Parent Program

Co-Developed with Families for Families

ENVISAGE is a peer program to **empower you and your family to feel confident and supported** in raising children who have a developmental concern, disability or who are neurodiverse.

Your child does **not** need a diagnosis or NDIS plan for you to participate. It is fully funded therefore **no cost you.**

The interactive workshops are facilitated by a trained health professional together with a parent with **lived experience.** The program is an opportunity to:

CONNECT & SHARE EXPERIENCES

LEARN EFFECTIVE STRATEGIES

ACCESS PRACTICAL SUPPORT TOOLS

"ENVISAGE will show you that the best guidebook often lives within yourself, and sometimes, all we need is a trusted framework to light the way" - Bree, Parent NSW



How It's Delivered



90 mins per week



5 Weeks



Online & In-Person options available

Register Online

Scan the QR Code or contact our team to register / find out more:



(07) 3861 6079



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