



Free Parent Program

Co-Developed with Families for Families



ENVISAGE is a program designed to **support parents & caregivers raising children aged 0-8 with a disability, developmental concerns or who are neurodivergent.**

The program is designed to help you:

- Gain deeper insight into your child
- Discover research-backed strategies you can use in everyday life
- Feel more assured in the decisions you make for your family
- Find strength and support alongside other parents



Scan or [click here](#) to watch a short program explainer video

How The Program Works

All workshops are **live and interactive**, mixing information sharing with group discussions and activities.



5 x Weekly Workshop Sessions



Up to 90 mins per workshop



Facilitated by a qualified health professional and a parent peer



No cost to you. Your child does not need a diagnosis or NDIS plan to participate.

Upcoming Online Programs



Tuesday Mornings

21 Oct - 18 Nov (5 Sessions)

10:00am - 11:30am (ACDT) SA

Facilitated by Kudos & ACU

Click to register



Wednesday Mornings

5 Nov - 3 Dec (5 Sessions)

10:00am - 11:30am (ACDT)

Facilitated by Kudos & ACU

Click to register

To view our full Program Listing, visit the ['Find A Program' section of our website](#)